

Type Of Resource (Nutrition and/or Physical Activity)	Name Of Resource	Organization/Provider	Location for Implementation (school, workplace, faith-based, neighborhoods)	Target Audience (i.e. youth, adult, seniors, etc)	Total number reach	Is program recognized/affiliated on MFC website www.FitCitySA.com?	Website
Nutrition - Program	Por Vida	Metro Health	Schools, workplaces	youth, adult, senior		yes	https://www.porvidasa.com/
Nutrition - Program	Summer Food Service Program	Texas Department of Agriculture	Neighborhoods, faith-based, schools	youth		no	https://www.fns.usda.gov/sfsp/summer-food-service-program
Nutrition - Program	Diabetes Self Management Program	Methodist Healthcare System	Neighborhoods	adult		no	http://www.universityhealthsystem.com/services/diabetes/education/self-management
Nutrition - Program	Mobile Mercado	San Antonio Food Bank	Neighborhoods	youth, adult, senior		no	https://safoodbank.org/social-enterprises/mobile-mercado/
Nutrition - Program	Garden Cooks	San Antonio Food Bank	Neighborhoods	youth		no	https://safoodbank.org/our-programs/nutrition-health-wellness/classes/
Nutrition - Program	Viva Bien	San Antonio Food Bank	Community	adult, seniors		no	https://safoodbank.org/our-programs/nutrition-health-wellness/classes/
Nutrition - Program	Buena Vista WIC Clinic	CentroMed (with others)	Community	women, infants, children		no	https://www.sanantonio.gov/Health/HealthServices/WIC#9869248-how-to-get-benefits
Nutrition - Program	Las Palmas WIC Campus	Communicare	Community	all ages			https://www.communicare.org/locations/las-palmas-wic-campus/
Nutrition - Program	Camping for Diabetes Education	Camp Independence	Community	youth			http://www.ci-sa.org/
Nutrition - Information	Viva Health	Metro Health	Schools, workplaces, faith-based, neighborhoods	youth, adult		yes	https://www.sanantonio.gov/Health/HealthyLiving/VivaHealth
Nutrition - Information	CentroMed Health and Wellness	CentroMed (with others)		adult, seniors		no	https://centromedsa.com/services/wellness-education-classes/
Nutrition - Information/Products	Abbott Medical Nutrition Products	Abbott	Community	all ages			https://abbottnutrition.com/
Nutrition - Information	Diabetes Self Management Training	Diabetes and Glandular Disease Clinic	Workplaces	youth, adult, senior		no	https://www.dgdclinic.com/services/diabetes-care
Physical Activity							
Physical Activity - Program	Organized yoga, meditation, morning walks	San Antonio Public Library	Neighborhoods	youth, adult		no	https://www.mysapl.org/Events-News/Events-Calendar
Physical Activity - Program	Walk with a Doc	Bexar County Medical Society	Neighborhoods	youth, adult, senior		no	https://walkwithadoc.org/
Physical Activity - Program	Silver Sneaker Fitness	Silver Sneaker Fitness	Community	seniors		no	https://www.silversneakers.com/
Physical Activity - Program	Fitness in the Park	City of San Antonio - Parks and Rec	Neighborhoods	youth, adult, seniors			https://www.sanantonio.gov/ParksAndRec/Programs-Classes-Fun/Programs-Classes/Fitness/Fitness-in-the-Park
Physical Activity - Program	SA Walks (walking groups)	SA Walks	Neighborhoods	youth, adult, senior		yes	https://www.ftcitysa.com/move-more/san-antonio-walks/
Physical Activity - Program	CHEF Classes	Children's Hospital/ Culinary Health Education	Schools, Neighborhoods	youth		no	https://www.chefsa.org/kitchens/the-childrens-hospital-of-san-antonio/
Physical Activity - Program	Girls on the Run	Girls on the Run	Schools	youth		no	https://www.girlsontherun.org/
Physical Activity - Program	Mobile Fit Van	City of San Antonio - Parks and Rec	Neighborhoods	youth, adult, senior		no	https://www.sanantonio.gov/ParksAndRec/Programs-Classes-Fun/Programs-Classes/Fitness/Mobile-Fitness
Physical Activity - Program	Catholic Youth Organization (CYO)	Archdiocese of San Antonio	Faith-based, community	youth		no	https://www.archsa.org/cyo
Physical Activity - Event	Siclovía	YMCA of Greater San Antonio	Neighborhoods	youth, adult, senior		yes	https://ymcasatx.org/programs/community/siclovía
Physical Activity - Agency	Calab Activity Center	Calab, Inc.	Community	Mental disabilities		no	https://www.calabinc.com/
Nutrition & Physical Activity							
Nutrition & Physical Activity - Program	Bienestar	The Social and Health Research Center	Schools, neighborhoods	youth, adult, senior		no	http://www.sahrc.org/health-programs-1
Nutrition & Physical Activity - Program	CATCH	CATCH Global Foundation	Schools	youth		no	https://catchinfo.org/
Nutrition & Physical Activity - Program	SPARK	School Specialty	Schools	youth		no	https://sparkpe.org/
Nutrition & Physical Activity - Program	Healthy Workplace Recognition Program	SABGH and MFC	Workplaces	adult		yes	https://www.ftcitysa.com/at-work/healthy-workplace-recognition-program/
Nutrition & Physical Activity - Program	YMCA Diabetes Prevention Program, CHEF,	YMCA of Greater San Antonio	Schools, workplaces, faith-based, neighborhoods	youth, adult, senior		yes	http://www.ymca.net/diabetes-prevention/
Nutrition & Physical Activity - Program	Community Health Acts of Hope Center	Acts of Hope Center	Community, workplaces, faith-based	youth, adult, senior		no	http://www.actsofhopecenter.org/community-health.html
Nutrition & Physical Activity - Program	Fit Family Challenge	San Antonio Sports	School, neighborhoods	youth, adult, senior		no	http://sanantoniostsports.org/fitfamilychallenge/
Nutrition & Physical Activity - Program	HEB Body Adventure & associated daily	The Witte Museum		school-age youth, adults,		yes	https://www.wittemuseum.org/h-e-b-body-adventure-3/
Nutrition & Physical Activity - Program	Bexar Area Agency of Aging	Alamo Area Council of Governments, TX	Community	elderly		no	http://www.aacog.com/108/Bexar-Area-Agency-on-Aging
Nutrition & Physical Activity - Information	Team Nutrition	USDA	Schools, preschool	youth		no	https://www.fns.usda.gov/tn/team-nutrition
Nutrition & Physical Activity - Information	The Great Body Shop	The Children's Health Market	Schools	youth		no	https://www.thegreatbodyshop.net/
Nutrition & Physical Activity - Information	Diabetes Service Line	Southwest General Hospital	Workplaces, neighborhood	youth, adult, senior		no	https://www.southwestgeneralhospital.org/141/service/diabetes-care
Nutrition & Physical Activity - Agency	Culturally relevant, research-based stories	Salud America!	Schools, neighborhoods, workplaces, faith-based	youth, adult, senior		no	https://salud-america.org/
Nutrition & Physical Activity - Agency	Christus Santa Rosa Hospital	Christus Santa Rosa New Braunfels	Workplaces	youth, adult, senior		no	https://www.christushealth.org/santa-rosa/new-braunfels