



THE MAYOR'S FITNESS COUNCIL
INVITES YOU TO

GET STRONG WITH MAYOR RON



SATURDAY, MARCH 2, 2019

10:45 AM - 11:45 AM

LOU HAMILTON COMMUNITY
CENTER

10700 NACOGDOCHES RD.

Join us for the Fitness in the Park Core Rhythms class.

Maximum class capacity: 100 people

There are a limited number of mats available.

Please bring your own if possible.

All fitness levels are welcome! To RSVP and for more info, go to FitCitySA.com

